

Name _____

Per _____

The Hero's Journey

THOR

S e p a r a t i o n	<p><i>The Call</i> "What starts the adventure"</p>	
	<p>Helpers</p>	
	<p>The Mentor "Most important helper"</p>	
	<p>The Gift</p>	
	<p>Threshold Guardians</p>	
	<p><i>Threshold/Departure</i> "Jumping off point"</p>	
T r a n s f o r m a t i o n	<p><i>The Trials & Challenges</i></p>	
	<p><i>The Abyss Crisis</i> "Face their greatest challenge or fear"</p>	
	<p><i>The Revelation</i> "New way of thinking" "Now I see it!"</p>	
	<p><i>The Transformation</i> "How does the Revelation change the initiate into the Hero?" "Death and Rebirth"</p>	
	<p><i>The Atonement</i> "At-one" or "Make amends"</p>	
R e t u r n	<p><i>The Return</i> "How does the Hero use their new understanding to benefit their family, home, or world?"</p>	